

## Nage-no-kata

|      |    | Surname  | First name | Ckub / Country | Grade | Result |
|------|----|----------|------------|----------------|-------|--------|
| Tori | 10 | Oinas    | Pasi       | TIK            | 3.dan | 434    |
| Uke  | 10 | Salsoila | Mika       | TIK            | 4.dan | 80 %   |

|    |                 | TEKNIikka                 | Tuom1 | Tuom2      | Tuom3      | Tuom4      | Tuom5      | Yht.       |
|----|-----------------|---------------------------|-------|------------|------------|------------|------------|------------|
| 1  |                 | AVAUS                     |       | 8          | 8          | 8          |            | 24         |
| 2  | Te-waza         | UKI OTOSHI                |       | 8          | 8          | 9          |            | 25         |
| 3  |                 | SEOI NAGE                 |       | 8          | 7          | 8          |            | 23         |
| 4  |                 | KATA GURUMA               |       | 8          | 8          | 9          |            | 25         |
| 5  | Koshi-waza      | UKI GOSHI                 |       | 8          | 8          | 9          |            | 25         |
| 6  |                 | HARAI GOSHI               |       | 7          | 8          | 8          |            | 23         |
| 7  |                 | TSURIKOMI GOSHI           |       | 8          | 8          | 8          |            | 24         |
| 8  | Ashi-waza       | OKURI ASHI HARAI          |       | 7          | 8          | 8          |            | 23         |
| 9  |                 | SASAE TSURIKOMI ASHI      |       | 8          | 8          | 8          |            | 24         |
| 10 |                 | UCHIMATA                  |       | 8          | 7          | 8          |            | 23         |
| 11 | Masutemi-waza   | TOMOE NAGE                |       | 8          | 8          | 9          |            | 25         |
| 12 |                 | URA NAGE                  |       | 8          | 8          | 8          |            | 24         |
| 13 |                 | SUMI GAESHI               |       | 8          | 8          | 9          |            | 25         |
| 14 | Yokosutemi-waza | YOKOGAKE                  |       | 7          | 8          | 8          |            | 23         |
| 15 |                 | YOKO GURUMA               |       | 8          | 7          | 8          |            | 23         |
| 16 |                 | UKI WAZA                  |       | 9          | 8          | 9          |            | 26         |
| 17 |                 | LOPETUS                   |       | 8          | 8          | 8          |            | 24         |
| 18 |                 | SUJUUVUUS, SUUNNAT, RYTMi |       | 8          | 8          | 9          |            | 25         |
|    |                 | <b>YHTEENSÄ</b>           |       | <b>142</b> | <b>141</b> | <b>151</b> | <b>180</b> | <b>434</b> |

80 %

| TUOMARIT |        | Sukunimi | Etunimi | Seura              | Vyöarvo |
|----------|--------|----------|---------|--------------------|---------|
| 1        | Arttu  | Laitinen | Arttu   | Holjutai           | 4.d     |
| 2        | Hannu  | Mustonen | Hannu   | Tikkurilan Judokat | 5.d     |
| 3        | staffa | Lindgren | Staffan | Hontai Judo        | 5.d     |
| 4        | jaska  | Hannula  | Jaakko  | Hontai Judo        | 4.d     |
| 5        | tyhjä  |          |         |                    |         |